

24/7 NURSE TRIAGE HOTLINE

I GOT HURT AT WORK. NOW WHAT?

1 TELL YOUR SUPERVISOR IMMEDIATELY

Even if your injury seems minor, it's important to inform your supervisor.

2 IF IT'S AN EMERGENCY, CALL 911

When an injury is serious or life-threatening, don't wait, get help.

3 CALL THE NURSE TRIAGE HOTLINE AT 855-469-6877 (855-4MY-NURSE)

Call to discuss your injury. If you're unsure whether to get medical treatment, the nurses are specialized in treating workplace injuries and will offer sound advice on your next steps.



You can also find helpful resources at icwgroup.com/iw



24/7
Access



1 Minute to
Reach Nurse



HIPAA
Compliant



En
Español

icwGROUP
Insurance Companies



Workers' Compensation Information

ICW Group—Insurance Company of the West

First Notice of Loss

PO Box 509039

San Diego, CA 92150-9039

Phone: 844-442-9252 | Fax: 858-436-8916

Policy Effective Dates: 7/1/25 – 7/1/26

Policy Number: WMN 5085284.00

Nurse Triage Hotline: (855) 469-6877